

October 2018

Mountain Villa School

Lunch

Lunch Price List Student Lunch: \$2.90 Reduced Lunch: \$0.40 Adult Lunch: \$3.70

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
<ul style="list-style-type: none"> Turkey Corn Dog Nuggets Emoji Fries Assorted Fresh or Chilled Fruit Milk Variety 	<ul style="list-style-type: none"> Grilled Ham & Cheese Melt on a Croissant Hash Brown Rounds Assorted Fresh or Chilled Fruit Milk Variety 	<ul style="list-style-type: none"> Pasta Day with Meat Sauce Garlic Breadstick Spring Mix Salad Assorted Fresh or Chilled Fruit Milk Variety 	<ul style="list-style-type: none"> Chicken Fries Dinner Roll Mashed Potatoes w/ Gravy Steamed Corn Assorted Fresh or Chilled Fruit Milk Variety 	<ul style="list-style-type: none"> Bellas NY Style Pizza Caesar Salad Assorted Fresh or Chilled Fruit Milk Variety
8	9	10	11	12
 <p>Columbus day</p>	<ul style="list-style-type: none"> Hamburger on a Bun or Cheeseburger on a Bun Tater Tots Assorted Fresh or Chilled Fruit Milk Variety 	<ul style="list-style-type: none"> Waffles Breakfast Sausages Hash Browns Assorted Fresh or Chilled Fruit Milk Variety 	<ul style="list-style-type: none"> Popcorn Chicken Dinner Roll Steamed Carrots Assorted Fresh or Chilled Fruit Milk Variety 	<ul style="list-style-type: none"> Whole Wheat French Bread Pizza Italian House Salad Assorted Fresh or Chilled Fruit Milk Variety
15	16	17	18	19
<ul style="list-style-type: none"> holiday Chicken Fries Dinner Roll Steamed Corn Assorted Fresh or Chilled Fruit Milk Variety 	<ul style="list-style-type: none"> Cheeseburger on a Bun Tater Tots Assorted Fresh or Chilled Fruit Milk Variety 	<ul style="list-style-type: none"> Macaroni & Cheese Soft Pretzel Stick Steamed Broccoli Assorted Fresh or Chilled Fruit Milk Variety 	<ul style="list-style-type: none"> Breakfast for Lunch French Toast Sticks Breakfast Sausage Hash Brown Rounds Assorted Fresh or Chilled Fruit Milk Variety 	<ul style="list-style-type: none"> Bellas NY Style Pizza Freshly Prepared Caesar Salad Assorted Fresh or Chilled Fruit Milk Variety
22	23	24	25	26
<ul style="list-style-type: none"> Chicken Nuggets Confetti Rice Green Beans Assorted Fresh or Chilled Fruit Milk Variety 	<ul style="list-style-type: none"> Twin Tacos with Taco Meat Shredded Cheddar Cheese, Lettuce & Tomatoes and Salsa Steamed Rice Steamed Corn Assorted Fresh or Chilled Fruit Milk Variety 	<ul style="list-style-type: none"> Waffles Breakfast Sausages Hash Brown Rounds Assorted Fresh or Chilled Fruit Milk Variety 	<ul style="list-style-type: none"> Pasta with Meatballs & Marinara Sauce Garlic Breadstick Freshly Prepared Spring Mix Salad Assorted Fresh or Chilled Fruit Milk Variety 	<ul style="list-style-type: none"> Stuffed Crust Pizza Freshly Prepared Salad Assorted Fresh or Chilled Fruit Milk Variety
29	30	31		
<ul style="list-style-type: none"> Lucky Tray Day Crispy Chicken Sandwich Green Beans Assorted Fresh or Chilled Fruit Milk Variety 	<ul style="list-style-type: none"> All-Natural Beef Hot Dog on a Bun Oven Baked French Fries Assorted Fresh or Chilled Fruit Milk Variety 	<ul style="list-style-type: none"> Breakfast for Lunch Pancakes (2) Breakfast Sausages Hash Brown Rounds Assorted Fresh or Chilled Fruit Milk Variety 		



Maschio's Swap-Outs Available Daily: Chicken Patty on a Bun , Crispy Chicken Salad, Bagel Bag, Muffin Meal , Cereal Meal

All Meals Served All meals are served with the Vegetable of the Day and/or a selection from Mac's Veggie Patch, Fruit of the Day and Low Fat Milk Choice.

Nutrition Info K-5 Our well-balanced lunches available for the week, average between 550-650 calories with less than 10% of total calories from saturated fat and 0 grams of trans fat!

Nutrition Info K-8 Our well-balanced lunches available for the week, average between 600-650 calories, with less than 10% of total calories from saturated fat and 0 grams of trans fat!

Menus are Subject to Change The nutrient information is based on the manufacturer's food labels and may be subject to change without warning. For Carbohydrate Counts for food items, please visit www.maschiofood.com for the most up to date Carbohydrate Count List of Common Foods. This list is updated on a monthly basis and as needed. Carbohydrate Counts for items are based on Nutrikids Analysis of Maschio's Recipes and may vary based on product availability. These calculations are not intended for medical use.

EOE Statement Maschio's Food Services, Inc. is an Equal Opportunity Employer.

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